

My Cowboy Strut

COPPER KNOB
BYEPOSTETS

Count: 32

Wall: 4

Level: Improver ECS

Choreographer: Adelaine Ade (INA) - May 2026

Music: Cowboys Strutt - DJTEXX



NO TAG NO RESTART

S1. LEFT SIDE SHUFFLE, ROCK STEP, RIGHT SIDE SHUFFLE, ROCK STEP

- 1&2 Step left to left side, step right next to left, step left to left side
3 - 4 Rock back onto right foot, recover onto left foot,
5&6 Step right to right side, step left next to right, step right to right side,
7 - 8 Rock back onto left, recover forward right

S2. GRAPEVINE LEFT WITH ¼ TURN, JUMP FORWARD & CLAP, JUMP BACK & CLAP

- 1 - 2 Step left to left side, step right behind left
3 - 4 ¼ turn to left stepping on left foot, brush right foot forward,
&5-6 Jump forward stepping right to right side, step left to left side, clap hands
&7-8 Jump back right, step left shoulder width apart, clap hands

S3. RIGHT JAZZ BOX, ½ TURN TOE, HEEL, STOMP

- 1 - 2 Cross right over left, step back onto left,
3 - 4 Step right to right side, cross left over right,
5 - 6 Make ⅛ turn to left Touch right toe to right side twisting left heel to right, make ⅛ turn left touch right heel to right side twisting left toe to right.
7 - 8 Make ⅛ turn left Touch right toe to right side twisting left heel to right, Stomp Right next to Left

S4. SIDE SHUFFLE RIGHT, ROCK STEP, ROLLING TURN LEFT

- 1&2 Step right to right side, Step left next to right, step right to right side
3 - 4 Rock left over right, recover back onto right,
5 - 6 Make ¼ turn to left stepping on left foot, make a half turn to left stepping back onto right,
7 - 8 Make ¼ turn to left stepping left to left side, cross right over left foot

START AGAIN

Thank you for checking out my dance & Happy Dancing ♡♡♡

Contact : adea814.aa@gmail.com